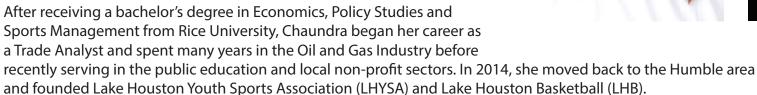


2022 DISTINGUISHED ALUMNI RECIPIENT

CHAUNDRA FRANK

Kingwood High School, Class of 1995





While a student at Kingwood High School, Chaundra was a 4-year Letterman in Track & Field and Basketball, earning several Division I scholarships in both sports. She was a 6-time Texas State Medalist in Track and Field (400m & High Jump) and won the Texas 5A State High Jump Title as a 13-year old freshman with a jump of 5'10". Ranked 3rd in the nation, Chaundra participated and medaled in the 400m & HJ at the Junior Olympics, winning the High Jump competition as a Junior. Chaundra was also a dynamic basketball player. She was All District 21-5A First Team as a Sophomore, Defensive Player of the Year as a Junior and MVP as a Senior leading Kingwood Girls Basketball to their first appearance in the regional tournament in school history.

In college, Chaundra was an All-American member of the Rice Women's Track & Field Team and the 3rd leg of the 1997 NCAA DI Indoor Championship 4X400m Relay team which also qualified for the USATF Indoor Championships. She was also a 2-time Southwest Conference Champion, 5-time Western Athletic Conference Champion and 4-time NCAA DI Indoor & Outdoor National Championship qualifier.

Chaundra has provided exceptional opportunities for Humble youth with her work with the Lake Houston Youth Sports Association. Her nonprofit teaches life skills to boys and girls through sports, such as basketball. This mentorship and guidance have helped many students in our community develop the tools they need for success.

